

THROW-IN SPOT

The throw-in spot is the nearest spot out-of-bounds from where the violation or foul occurred. If no free throws are attempted, the diagram is used to determine whether a spot on the end line or sideline is designated.

The designated throw-in spot is 3 feet wide with no depth limitation. The thrower must keep one foot on or over the spot until the ball is released. The traveling and dribbling rules are not in effect for a throw-in.

When administering throw-ins on the sideline, a bounce is recommended. When administering throw-ins on the frontcourt end line, the ball shall be handed to the thrower.

The administering official shall begin the five-second count when the ball is at the thrower's disposal. The count is silent and visible. The count ends when the ball is released by the thrower onto the court.

